

Rules & Regulations

Milton Minor Lacrosse Association

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1. Rules and Regulations

1.1 Playing Rules

The Association shall at all times abide by the Rules and Regulations of the Canadian Lacrosse Association (“CLA”) and the OLA.

The Board of Directors may impose other playing rules for house league and tournaments, as approved in the Rules and Regulations, consistent with the mission statement and objectives of the Association.

1.2 Insurance

All of the Association playing members, bench personnel, coaches, trainers and timekeepers shall be insured through the OLA insurance plan. All Directors shall be insured through the OLA insurance plan.

1.3 Additional Rules and Regulations

The Association shall make Rules and Regulations as may be deemed necessary to promote, develop and govern the sport of lacrosse in Milton. The Association may impose regulatory measures, as it deems necessary for the efficient administration of the competitive structure of the sport within its jurisdiction.

No such regulation may violate the individual’s right or freedom except as may be required to protect the rights and freedom of any other individual and to ensure the stability of the basic structure of the sport.

1.4 Release Policy

The Association has a fundamental commitment to the growth and development of the game of lacrosse in Milton.

The release request must be completed on the appropriate OLA Release Form and follow the procedure outlined on the said form and submitted via email to the President by the requestor.

Upon receiving a release request, the President will confirm receipt of the release with the requestor within twenty-four (24) hours and will convene a special meeting of the Board of Directors to hear the request and consider its contents within five (5) business days of receipt of the request. Caliber of play shall not factor into the decision to grant or deny a release request.

1.5 Use of Association Logo

The official logo and organizational name (MMLA, Milton Lacrosse and Milton Mavericks) shall be used on Association letterhead, official documents, newsletter, notices, and all pieces of clothing, apparel, uniform as decided on and approved by the MMLA Board.

No member, coach, player or otherwise may use the images and name of the Association without the approval of the MMLA Board.

2. House League Game Play

2.1 U5 and U7 (formerly Softie and Paperweight)

15 minute practice.

45 minute running period.

Three (3) minute buzzer for line changes.

No 5-, 10- or 30- second clock.

2.2 U9 (formerly Tyke)

Three (3) 15 minute running time periods.

Three (3) minute break between periods.

No 30- second clock.

2.3 U11, U13, U15 and U17 (formerly Novice, Peewee, Bantam and Midget)

Three (3) 15 minute running time periods.

Three (3) minute break between periods.

30- second clock in effect.

2.4 Penalties

Three (3) minor penalties will result in a game expulsion.

One (1) double minor for checking from behind counts as two (2) penalties towards the game expulsion.

One (1) five (5) minute major penalty will result in a game expulsion.

One (1) ten (10) minute misconduct will result in a game expulsion.

Any verbal or physical attack on a player, coach, referee or timekeeper will result in an automatic disciplinary hearing.

Fighting will not be tolerated. First occurrence of fighting will result in a game suspension. Second offense will result in a disciplinary hearing.

2.5 Goals

Each player can only score three (3) goals.

2.6 Fair Play

Coaches will ensure that all players get equal instructions, support and playing time. The House League Director, in consultation with the President, may intervene when a player is not receiving a reasonable amount of playing time.

3. Representative Game Play

3.1 Fines

All individual fines of players, coaches and any other official must be paid by the offending person, regardless of the circumstance. Upon receipt of the fine by the OLA, Zone or Tournament Organization, the Association will pay the fine and immediately seek reimbursement from the offending person. The offending person is immediately barred from participating in any activity of the MMLA until the fine has been paid in full to the Association.

3.2 Representative Fees

Representative fees payable by members are passed by a majority vote of the Board of Directors. These fees are effective only until the next annual meeting of the members unless confirmed otherwise.

Members whose Representative fees are in arrears for 30 days from the start of the season shall be suspended from Membership until all fees are paid. The Registrar shall inform those concerned of this suspension in writing and include the President and Treasurer in their correspondence. Those members who do not remit payment will be in default and will not be able to participate in any MMLA Activities until all fees have been paid.

3.3 Goalie Equipment

The Association shall provide goalie equipment and sticks for all house league teams. The Association shall provide goalie equipment and sticks for U5, U7 & U9 Representative teams.

3.4 Fair Play

Coaches will ensure that all players get equal instructions, support and playing time. The Vice President of Representative, in consultation with the President, may intervene when a player is not receiving a reasonable amount of playing time.

3.5 Zone Play

All communications to Zone and the OLA are to be communicated by the Head Coach through the Vice President or Representative, then through the President. All scheduled Zone games must be played.

3.6 Alternative Players

Alternate players will follow Zone and OLA existing rules and regulations.

Alternate players cannot replace floor time of existing players (see fair play rule).

3.7 Tournaments

All MMLA Representative teams are to participate in the MMLA Tournament when rated within the tournament guidelines. All tournaments being entered by MMLA teams must be submitted in writing to the Vice President of Representative by May 15th of that year.

3.8 Team Rosters

In order for a team to be formed, a minimum of fifteen (15) runners and one (1) goalie(s) are to make the team, unless an exception is made by the Board.

3.9 Team Selection

A team player list with all team staff, players and alternative players will be submitted by the coach to the Vice President of Representative two (2) days following their final allocated try-out time.

When two (2) teams exist within the same age division, the coach of the one (1) team will select their team followed by the section of the two (2) team.

3.10 Try Out Logistics

Try-out schedules will be set as early as possible so that all parents are aware, and all coaches have sufficient time to prepare for these try-outs.

The Board of Directors will provide independent player evaluators to be present at all tryouts. No parents of other children trying out for the team are allowed to be evaluators.

All registered players will have a fair chance at making a Representative team. Prior to participating in any Representative team try-outs, a player will be registered with MMLA and will have paid the appropriate fees.

Team selection will be facilitated by the head coach and a committee of two (2) or more people not associated with the team. A list of evaluators will be submitted and approved by the Vice President of Representative in order to begin try-outs.

Documented player evaluations will be filed with the Vice President of Representative by the evaluators immediately following try-outs. Players released from try-outs will receive an appropriate communication, correspondence or a phone call indicating that they have been released from the team.

4. Coaches Selection

4.1 Introduction

The goal of the coaching selection guidelines is to try and satisfy the following three (3) key areas of opportunity:

To select the best possible head coach for each of the MMLA Representative teams.

To ensure that this fair, independent selection committee makes these choices.

To ensure a well communicated, early selection process.

4.2 Timing for Coaching Applications

Coaching applications will be due December 15th, annually. Applications received after December 15th may be considered at the discretion of the Coaching Selection Committee. Interviews will be scheduled in January of each year, if necessary.

Coach's selection will be completed by January 15th annually. Coach's selection announcements will be made following Board approval.

4.3 Requirements to Submit a Coaching Application

All prospective coaches will complete a written application as adopted by the Association. Each application will be subject to a background check by the Halton Regional Police, at the discretion of the Coaching Selection Committee. Background check information will be kept in strict confidence.

Appointed Head Coaches may select their own bench personnel, subject to the approval of the Coaching Selection Committee.

All bench personnel must have current qualifications as set out by the OLA/OFLA. Copies of certificates are to be submitted no later than March 31st of the current year.

Coaches are responsible for all Association equipment, including sweaters, goal equipment, sticks, first aid kits and other articles assigned to their teams by the Equipment Coordinator. All equipment needs to be returned to the Equipment Coordinator by September 1st.

Any member of the bench personnel suspended for two or more games (in total per season) must appear before the Representative Disciplinary Committee.

Any member of the MMLA Executive may serve in any carded capacity, including that of the head coach with any MMLA team.

Alternative players may be used to complete a game sheet roster, up to the OLA maximum number - currently eighteen (18) runners and two (2) goalies. No Alternate Player (AP) may be used to replace a selected member of a team unless that member is injured, is serving a Zone or OLA suspension or unavailable at their own recourse. Once the player is available, clearance has been given for return or the suspension has been served the selected member of the team will return to their place in the line-up.

4.4 Coaches Selection Committee

The Coaches Selection Committee will consist of three (3) people who do not have a potential conflict of interest and will be drawn from the following sources:

- President
- Vice President Representative (box and/or field)
- Vice President House League
- Director of Coaching / Player Development; and
- Other independent evaluators as deemed appropriate by the MMIA Board of Directors.

Additional input/feedback will be sought from additional independent sources including but not limited to the Milton Minor Lacrosse Referee Association.

An annual evaluation will be distributed. The feedback provided will be considered part of the evaluation process. The selection committee will evaluate each qualified coach through review of the application and interviews using pre-established and documented criteria. (Submitting an application does not guarantee an interview if the coaching selection committee does not feel that the applicant has the minimum skills or qualifications necessary.)

4.5 Criteria for Selecting Coaches

- Coaches must be able to demonstrate strong lacrosse knowledge and have an established plan focused on development of individual skills and team strategies.
- Coaches should have significant coaching / assistant coaching experience.
- Parent and player feedback (collected through Coach Evaluation Forms) will be considered in the evaluation process.
- Team record will be considered as only one component of the selection criteria.
- Current length of head-coaching with the same team will be a consideration in coach's selection.
- Compliance with MMLA Policies and Procedures will be considered in determining a coach's suitability.

4.6 Provision for Children of Coaches

In order to ensure that players of coaches are not placed on a team for which they do not have the appropriate skill level, all potential coaches' children will be evaluated by an independent panel during the team selection process. This independent panel will determine if said child is likely to make the team based on their own merit. The independent panel will present their recommendations to the Board and the selected coach.